

Kullerstrand Elementary

12225 West 38th Ave
Wheat Ridge, CO 80033

Main: 303-982-1780
Attendance: 303-982-1750

Ramblings

Kullerstrand School Newsletter

Home of the Rams

April 2018

Cheryl Clay

Principal

303-982-1773

Cheryl.Clay@Jeffco.k12.co.us

Denise Wagner

*School Attendance
Secretary*

Kari Blackman

Financial Secretary

Lynn Evans

Clinic Aide

Tim Weaver

*Family/ Community
Liason*
303-982-1777

School Website

Facebook

Office Hours

7:30- 4:30

School Hours

8:00-2:45

CMAS TESTING HAS BEGUN!



The best way to prepare and support your child during this time is to have them in school, ensure they get at least 8 hours of sleep each night, and provide them a good protein breakfast.

Kullerstrand offers ALL students a free breakfast starting at 7:30am.

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info@tscaschools.com



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Sponsorship space in this newsletter is extremely affordable! Reach parents in your local community & support schools! Businesses that want to sponsor this school, please contact TSCA at info@tscaschools.com or 970-239-1641.

APRIL RAM EVENTS



Apr. 10	Art Club	2:45p.- 3:45p
Apr. 11	Boys Breakfast Club	7:30a- 8:00a
Apr. 17	Art Club	2:45p.- 3:45p
Apr. 18	Boys Breakfast Club	7:30a- 8:00a
Apr. 25	Rockies Weather & Science Day	
Apr. 27	Field Day	8:00a- 12:00p
Apr. 27	Early Release	12:15p

FREE ADULT COOKING CLASSES



6 Fun Sessions Learning to Create Delicious, Nutritious and Economical Meals.

Tuesdays- April 10, 2018 to May 15, 2018

5:30-7:30 in the Kullerstrand Art Room.

All Food and Equipment Provided for FREE.

Limited to the first 20 adults and we need a minimum of 10 people.

Please return the registration form that was sent home or RSVP to Mr. Weaver by April 3rd.

BON APETIT!

THANK YOU STUDENT LEADERSHIP



Thank You!

STUDENT
LEADERSHIP
HOSTED PENNIES
FOR PATIENTS



A fundraiser for the Lukemia and Lymphoma Society, during the month of February. We set a goal of \$500 over three weeks, and blew that goal out of the water, raising over \$870!

This money will help fund cancer research.

The winning class, Mrs. Gallagher's third grade class, enjoyed an Olive Garden lunch as their prize. Mr. Deal and Mrs. Dalton's fifth and sixth grade classes both enjoyed an ice cream party for their second and third place prizes!

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5280
MAGAZINE

ROCKIES WEATHER AND SCIENCE DAY

**KULLERSTRAND IS GOING TO THE
ROCKIES WEATHER AND SCIENCE DAY**

April 25TH

Please return the permission slips for your student that were sent home on March 23rd. Additional ticket request forms were sent home on the same day and need to be returned by Friday April 6th, cash or checks made payable to Kullerstrand.

GO ROCKIES!!



START YOUR READING ENGINES!



Kullerstrand is excited to be participating in Bandimere Speedway's Race to Read program this year!

This is a six-week program to encourage a love of reading.

It begins March 19th, and ends April 27th.

There will be take-home reading sheets for your child to track how much reading they have completed, and they can turn each sheet in for a prize!

There are some really cool prizes including:

- ♦ Free kids meal coupons
- ♦ Discounted admission tickets to Lakeside
- ♦ Even a ticket for the child and one adult to attend the "Night of Fire and Thunder" race at Bandimere Speedway!



WE HAVE A HELPING PARTNER!



CLICK for details 



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ID: **KSTRND** or
"Kullerstrand ES" at check-out!


Thornton
303-289-3311

PTA NEWS




PTA NEWS!

FRIDAY, APRIL 27 - FIELD DAY!
 LOOKING FOR PARENT VOLUNTEERS TO HELP
 SUPPORT THIS EVENT.
 SIGN UP THROUGH
 LINK IN FRIDAY
 MESSAGE EMAIL OR
 STOP BY THE
 FRONT OFFICE!



SAVE THE DATE



APRIL 12	FUN RUN EVENT DAY.
APRIL 2-13	APEX FUN RUN AND EVERY HEALTHY KID WEEK UPCOMING COMMUNITY/FUNDRAISER EVENT
MAY 7-11	TEACHER APPRECIATION WEEK
MAY 8	MEETING (LIGHT DINNER WILL BE PROVIDED) 6:00PM

KULLERSTRAND SAE - SCHOOL AGE ENRICHMENT



Kullerstrand SAE before and after school program is now open to enroll for the next school year of 2018-2019.

For any questions or concerns, you may contact Britton Barrett, Program Director,
 at [303-982-1807](tel:303-982-1807) or by email at britton.barrett@jeffco.k12.co.us

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BOYS BREAKFAST CLUB

Boys Breakfast Club meets some Wednesday Mornings with Mr. Weaver and Mr. B. They can grab breakfast from the cafeteria or bring their own. They discuss boyhood essentials, self-awareness, Social Awareness, respect, manners and more. They also learn how to tie neck ties.



Yearbooks are coming

Reserve your
copy for only
\$12.00

**Order forms
coming to a
Friday
folder near
you!**

(hint: look in your child's backpack)

**5th & 6th graders - it's your
last year at Kullerstrand.
Takes your friends faces
and memories with you in
your future school
adventures**



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adapted and directed by
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MARCH 31ST - APRIL 28TH, 2018

Saturdays at 1pm | April 21st & 28th at 11am & 1pm
www.minersalley.com • 303.935.3044



all about Jessica "Jess" Nelson - 4th Grade



Birthday
March 22



Birthplace
California



Dog named
Stella



Color
All of them!



Number
22



Drink
Coffee

Candy
Skittles



Store
Target



Cookie
Chocolate Chip



Flower
Sunflower



Snack
chips & guac



Season
Spring



Favorite things...



Mountains



Dogs



CITY

Cats

Favorite Memory from school:

Field Day & Field Trip Days! I love having fun with all students at Kullerstrand!

WHAT DO YOU LOVE MOST ABOUT COLORADO?

I LOVE ALL THE DIFFERENT EXPERIENCES I CAN HAVE IN COLORADO.

HIKING, SNOWBOARDING, CONCERTS, GOOD FOOD!

What hobbies make you happy and why?

Reading, Hanging out with my friends and family, Walking my Dog!

I love relaxing and being with people I love!

Who has inspired you most in life and why?

My mom, because she has gone through a lot in her life, but she is always resilient, hard working and does whatever she can to make me happy!

WHY DO YOU LOVE KULLERSTRAND?

I LOVE KULLERSTRAND BECAUSE EVERYONE IS THERE TO DO WHAT IS RIGHT FOR THE KIDS. IT IS A WONDERFUL PLACE TO WORK AND THE KIDS ARE AWESOME!

*I love teaching all the students at Kullerstrand!
I love teaching & am always reading and researching
whatever I can to be a better teacher for all kids.*

EMERGENCY SITUATIONS AT SCHOOL

Emergency Situations at School

Information for Families



Jeffco Public Schools is committed to ensuring the safety and security of our students, staff, and visitors.

Take a moment to review this guide to ensure you are prepared in the event of an emergency situation at school.

What are the types of actions a school might take in the event of an emergency?

Jeffco Public Schools follows the Standard Response Protocol established by the [I Love U Guys Foundation](#).



LOCKDOWN

Ordered when there is a threat **INSIDE** the building. Students and staff are secured **IN** the school. Staff does not communicate during a lockdown. Parents are not allowed on site during a lockdown.



SHELTER

Called for when Personal protection is necessary from dangerous weather conditions such as a tornado, blizzard, or hail. May also be ordered in the event of a hazmat situation in the area.



EVACUATION

Ordered when people must exit the building due to unsafe circumstances. If student pick-up or off-site reunification is required, instructions will be communicated by the district.



LOCKOUT

Ordered when there is an issue **OUTSIDE** the building, most often police activity in the area that *could* pose a threat, or a wild animal nearby. All exterior doors are locked and "business as usual" continues inside the school.



HOLD

New in 2017, "Hold in your classroom" is used when there is an issue in a specific part of the building that is under control, but not yet fully removed. Business as usual within the classrooms; doors closed.

- Some situations may require a combination of actions above.
- School/district staff train yearly on emergency protocols and situation management.
- Students take part in drills throughout each school year.

What emergencies might impact a school? Which actions are taken?

Severe weather - Schools may Shelter until weather passes; could delay release of students at end of day until safe to exit building.

Fire or Hazmat Situation in the Area - Evacuation or Shelter, depending on location and severity of fire/hazmat issue.

Threat of Violence or Weapon on a Person - Lockout, Lockdown, or Evacuation, depending on the situation.

Intruder - Requires an immediate Lockdown; an emergency notification will be sent to parents by the district with any instructions.

Police Activity in the Area - Usually a Lockout; action may be taken at the direction of law enforcement or any staff member at the school.

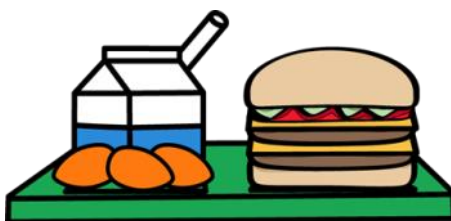
What do I need to know, do, and not do?

- If you're at a school and an emergency occurs, follow protocol with students and staff.
- We know families want information right away. Our experience has taught us initial information is almost always incorrect. Please know, our security and administrative staff are working hard to determine what the *real* situation is and will communicate with families as soon as information is verified as **accurate** and next actions have been determined.
- Do not call the school or security staff, as they are working on the situation and ensuring your student's safety. Do not go to the school; this may interfere with procedures. Only public safety personnel will be allowed in/near a school during an emergency situation.
- We understand you may want to communicate with your student during an emergency, however, please refrain from calling; it may prevent him/her hearing important, possibly life-saving, instructions.
- It is **vital** parents and guardians keep their information updated in [JeffcoConnect](#). We will utilize email, text messaging, and phone calls to communicate with you.
- The **fastest way to get information in an emergency situation** is to follow us on Twitter ([@JeffcoSchoolsCo](#)) and Facebook ([@JeffcoPublicSchoolsColorado](#)). It is our **first** and **fastest** means of getting messages out. Also, check our website for alerts posted on the main page.

www.jeffcopublicschools.org

If you have questions regarding our district emergency procedures, contact 303.982.6808.

SCHOOL LUNCH CALENDAR



<http://jeffcopublicschools.nutrislice.com/menu/kullerstrand-elementary/>

April 2018

Kullerstrand Elementary
Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 Choose one entree: • Tangerine Chicken with Brown Rice Cup • Hamburger or Cheeseburger • Ham and Cheese Sandwich Variety of Fruit and Vegetables Offered Daily • Skim Milk or 1% Milk or Chocolate Skim Milk	3 Choose one entree: • Crispy Chicken Sandwich • Bean & Cheese Burrito • Yogurt Meal: Yogurt and Udi's Granola and String Cheese Variety of Fruit and Vegetables Offered Daily • Skim Milk or 1% Milk or Chocolate Skim Milk	4 Choose one entree: • Cheese and Pepperoni Pizza Variety • Ham and Cheese Sandwich Variety of Fruit and Vegetables Offered Daily • Skim Milk or 1% Milk or Chocolate Skim Milk	5 Choose one entree: • Penne & Meatballs • Fried Chicken with Dinner Roll • Yogurt Meal: Yogurt and Udi's Granola and String Cheese Variety of Fruit and Vegetables Offered Daily • Skim Milk or 1% Milk or Chocolate Skim Milk	6 Choose one entree: • Beef Hard Taocs with Brown Rice • Twisted Cheesy Breadsticks • Ham and Cheese Sandwich Variety of Fruit and Vegetables Offered Daily • Skim Milk or 1% Milk or Chocolate Skim Milk
9 Choose one entree: • Mucho Nachos • Steak Strips • Salami and Cheese Sandwich Variety of Fruit and Vegetables Offered Daily • Skim Milk or 1% Milk or Chocolate Skim Milk	10 Choose one entree: • Cheesy Tomato Pasta • Hamburger or Cheeseburger • Yogurt Meal: Yogurt and Udi's Granola and String Cheese Variety of Fruit and Vegetables Offered Daily • Skim Milk or 1% Milk or Chocolate Skim Milk	11 Choose one entree: • Cheese and Pepperoni Pizza Variety • Salami and Cheese Sandwich Variety of Fruit and Vegetables Offered Daily • Skim Milk or 1% Milk or Chocolate Skim Milk	12 Choose one entree: • Mac & Cheese with Dinner Roll • Turkey and Gravy with Dinner Roll • Yogurt Meal: Yogurt and Udi's Granola and String Cheese Variety of Fruit and Vegetables Offered Daily • Skim Milk or 1% Milk or Chocolate Skim Milk	13 Choose one entree: • Frito Pie • Fish Sticks • Salami and Cheese Sandwich Variety of Fruit and Vegetables Offered Daily • Skim Milk or 1% Milk or Chocolate Skim Milk
16 Choose one entree: • Teriyaki Chicken with Brown Rice Cup • BBQ Pork Sandwich • Turkey and Cheese Sandwich Variety of Fruit and Vegetables Offered Daily • Skim Milk or 1% Milk or Chocolate Skim Milk	17 Choose one entree: • Chicken Burrito • Hot Dog • Yogurt Meal: Yogurt and Udi's Granola and String Cheese Variety of Fruit and Vegetables Offered Daily • Skim Milk or 1% Milk or Chocolate Skim Milk	18 Choose one entree: • Cheese and Pepperoni Pizza Variety • Turkey and Cheese Sandwich Variety of Fruit and Vegetables Offered Daily • Skim Milk or 1% Milk or Chocolate Skim Milk	19 Choose one entree: • Chicken Nuggets with Dinner Roll • Twisted Cheesy Breadsticks with • Yogurt Meal: Yogurt and Udi's Granola and String Cheese Variety of Fruit and Vegetables Offered Daily • Skim Milk or 1% Milk or Chocolate Skim Milk	20 Choose one entree: • Breakfast for Lunch • Cheesy Enchilada Bake • Turkey and Cheese Sandwich Variety of Fruit and Vegetables Offered Daily • Skim Milk or 1% Milk or Chocolate Skim Milk
23 Choose one entree: • Tangerine Chicken with Brown Rice Cup • Hamburger or Cheeseburger • Ham and Cheese Sandwich Variety of Fruit and Vegetables Offered Daily • Skim Milk or 1% Milk or Chocolate Skim Milk	24 Choose one entree: • Crispy Chicken Sandwich • Bean & Cheese Burrito • Yogurt Meal: Yogurt and Udi's Granola and String Cheese Variety of Fruit and Vegetables Offered Daily • Skim Milk or 1% Milk or Chocolate Skim Milk	25 Choose one entree: • Cheese and Pepperoni Pizza Variety • Ham and Cheese Sandwich Variety of Fruit and Vegetables Offered Daily • Skim Milk or 1% Milk or Chocolate Skim Milk	26 Choose one entree: • Penne & Meatballs • Fried Chicken with Dinner Roll • Yogurt Meal: Yogurt and Udi's Granola and String Cheese Variety of Fruit and Vegetables Offered Daily • Skim Milk or 1% Milk or Chocolate Skim Milk	27 Choose one entree: • Beef Hard Taocs with Brown Rice • Twisted Cheesy Breadsticks • Ham and Cheese Sandwich Variety of Fruit and Vegetables Offered Daily • Skim Milk or 1% Milk or Chocolate Skim Milk
30 Choose one entree: • Mucho Nachos • Steak Strips • Salami and Cheese Sandwich Variety of Fruit and Vegetables Offered Daily • Skim Milk or 1% Milk or Chocolate Skim Milk				

Pizza Varieties: Alpha Cheese Pizza (47g), Alpha Pepperoni Pizza (47g), Big Daddy's Cheese Pizza (35g), Big Daddy's Pepperoni Pizza (35g), Domino's Cheese Pizza (29g), Domino's Pepperoni Pizza (29g), Pizza Hut Cheese Pizza (29g), Pizza Hut Pepperoni Pizza (29g)

Fruit Varieties: Applesauce (14g), RlPs (16g), Spiced Applesauce (16g), Bronco Fruit (15g), Red and Blue Berries (10g), Blueberries (14g), Blueberries and Pineapple (16g), Blueberries with Whip Topping (10g), Zizi's Peach cup (14g), Zizi's Sour Apple (22g), Zizi's Strawberry (13g), Zizi's Watermelon (14g), Apple (16g), Banana (27g), Grapes (13g), Kiwi (15g), Mandarin Oranges (19g), Mixed Fruit (15g), Orange (15g), Sliced Peaches (17g), Diced Pears (22g), Sliced Pears (16g), Pear (27g), Watermelon (11g), Pineapple Tidbits (15g), Strawberries (6g), Cantaloupe (5g), Tangerines (10g), Clementines (27g)

Vegetable Varieties: Green Beans (3g), Peas (cold) (10g), Peas (hot) (12g), French Fries (29g), Baby Carrots (8g), Celery Sticks (2g), Taco Toppings (1g), Sandwich Toppings (1g), Corn, Broccoli steamed (3g), Mashed Potatoes (14g), Refried Beans (29g), Baked Beans (30g)

Condiments: Daily availability of condiments varies

More Details: <http://jeffcopublicschools.nutrislice.com/menu/kullerstrand-elementary/lunch-2/>
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